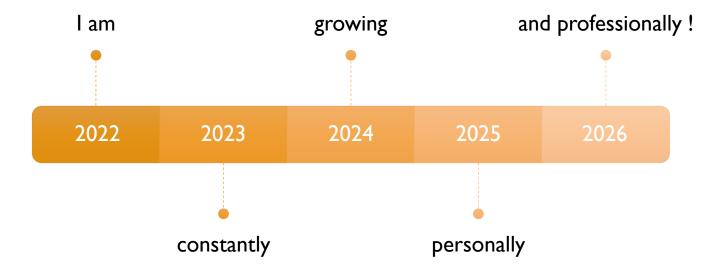


EXPANSION STARTS FROM WITHIN

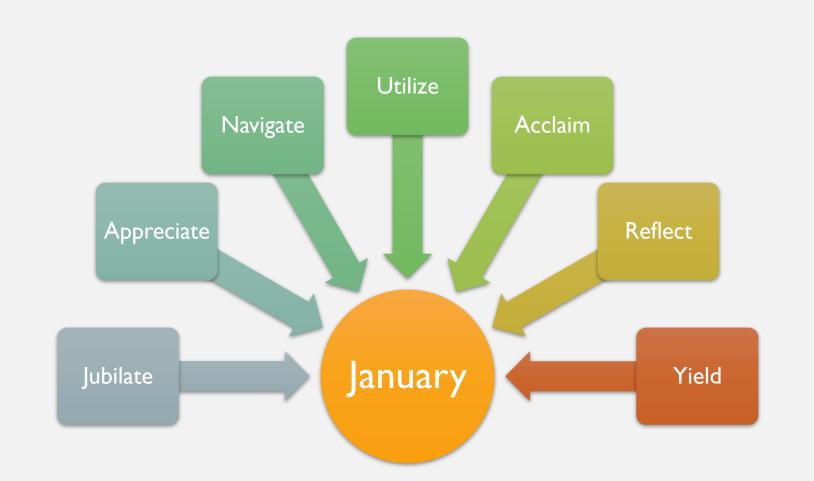
SET YOUR 5-YEAR IMPROVEMENT PLAN

Use the positive verbs that resonate with you in this yearly planner to set focus on certain cognitive acts throughout the new year.

Focus helps direct efforts, rather than keeping them open-ended. Employ and reap more effective results in your professional and personal life!



JANUARY



FEBRUARY

Foster

Engage

Bless

Raise

Uplift

Anchor

Rethink

Yarn (your success story)

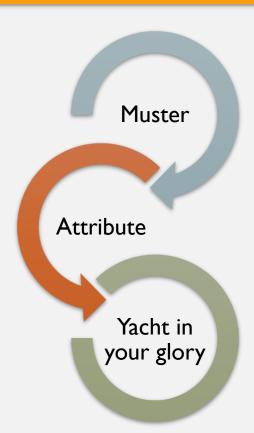
MARCH



APRIL

Achieve Persevere Recognize Implement Liberate

MAY



JUNE

Jibe

Upgrade

Nestle

Evolve

JULY

Join

Unfetter

Lighten

Yodel and rejoice

AUGUST

Assimilate

Uphold

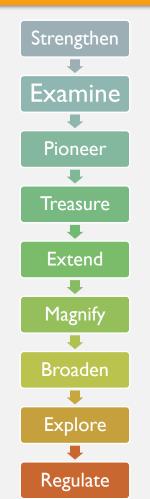
Generate

Upcheer

Stimulate

Target

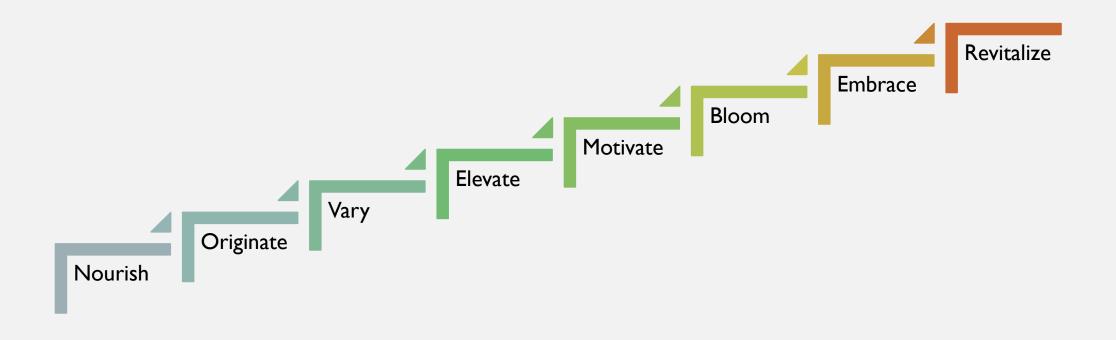
SEPTEMBER



OCTOBER

Observe Cultivate Trust Orchestrate Blossom Extract Reinforce

NOVEMBER



DECEMBER



YODELING / "JODELN" (IN GERMAN)



Maria Hellwig Erzherzog Johann Jodler





Beautiful yodeling: "The Lonely Goatherd" from the musical The Sound of Music — Julie Andrews

YODELING / "JODELN" (IN GERMAN)



The beautiful Yodel family group "Oesch's die Dritten" from Switzerland (Melanie Oesch the yodeler, whose voice soars to meet the majestic mountains of the Alps)

2022 GO BEYOND YOUR OWN GLOBE

Manal Zeineddine

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