

# 21<sup>ST</sup> CENTURY EDUCATION SERIES

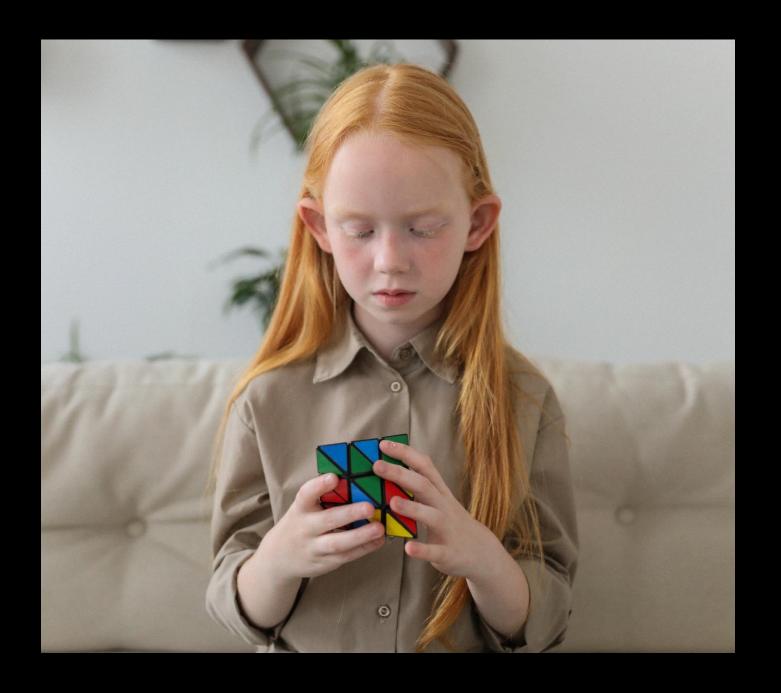
O.R.B.I.T.S. MODEL

These are selections from mainstream resources sent in the monthly newsletter.

This series consists of four sections : Cognitive Rigor, Technology, Social-emotional Rigor, and Global Citizenship



## COGNITIVE RIGOR



Rigor is the result of work that challenges students' thinking in new and interesting ways.

It occurs when they are encouraged toward a sophisticated understanding of fundamental ideas and are driven by curiosity to discover what they don't know.

(Sztabnik, 2015)



**Rigor:** the quality of being detailed, careful and complete **Cognition:** "the mental action or process of acquiring knowledge and understanding through thought, experience, and the senses."



Cognitive rigor denotes a complex process of exploring the breadth and the width of pedagogical practices and concepts. This comprises cognition or skills that learners demonstrate as they explore themes and objectives until they reach their outcomes.

One of the best ways to employ cognitive rigor is to understand how the brain works (cognition) and identify ways and strategies to stir that cognition to the benefit of every learner. These processes require close steering, monitoring, and assessing for learning, rather than of learning.

The short-term target is to help the learner build up concepts and integrate them simultaneously with other areas and disciplines as the learner progresses from one level to another and from one stage to another. The long-term goal is to prepare a learner for the future – demands of the workplace and more importantly, the demands of the learner's interest, talents, and passion.

Cognitive rigor as a component of 21<sup>st</sup> Century Learning-ORBITS model is not the Cognitive Rigor/Matrix term only. It is the concept of rigorous learning in its original form.

The series will focus on a variety of models along with strategies and exercises. It will also highlight cognitive biases and barriers to learning, development, and growth.



Rigor: the quality of being detailed, careful and complete

Cognition: "the mental action or process of acquiring knowledge and understanding through thought,

experience, and the senses."



#### The Hess Cognitive Rigor Matrices (CRMs) - Part 1

Dr. Karin Hess, a renowned international leader and expert in curriculum, instruction, and assessment for forty years, writes: "Cognitive rigor encompasses three key ideas: the complexity of the content, the cognitive engagement with that content (sometimes called Depth of Knowledge/DOK), and the scope or breadth of the learning activity."

Dr. Karen facilitated the understanding of Bloom's taxonomy (classification) in its relation to depth of learning, best explained in Depth of Knowledge. This edition and the coming one will focus on **Hess Cognitive Rigor Matrices** (CRMs) as practices relate to rigor.

Few important points can be noted:

- 1. DOK is about complexity, not difficulty. It requires no "practice to be perfect" activities or assignments. On the contrary, DOK is about using the practices that the learners become very good at to put them in new and challenging contexts every time.
- 2. Focusing on the "verbs" is not the target. Although Bloom's is a taxonomy, it does not expect teachers to focus on verbs. So is the case with DOK. DOK is described as "nominative". The target is to navigate through the learning and show how deeply engaged the learners are in understanding and reaching certain outcomes.
- 3. Helping learners through scaffolding is highly-recommended to facilitate deep learning. No learner should be excluded by teachers for not thinking with depth or complexity.

The following figures can best represent Bloom's Taxonomy, Depth of Knowledge DOK, and both Bloom's Taxonomy and DOK combined into Hess Cognitive Rigor Matrix (General).



Table 1: A Comparison of Descriptors: Bloom's Original Taxonomy and the Revised Bloom's Taxonomy of Cognitive Process Dimensions			
Bloom's Taxonomy (1956)	The Revised Bloom Process Dimensions (2001)		
Knowledge	Remember		
Define, duplicate, label, list, memorize, name, order, recognize, relate, recall, reproduce, state	Retrieve knowledge from long-term memory, recognize, recall, locate, identify		
Comprehension	Understand		
Classify, describe, discuss, explain, express, identify, indicate, locate, recognize, report, restate, review, select, translate	Construct meaning, clarify, paraphrase, represent, translate, illustrate, give examples, classify, categorize, summarize, generalize, infer a logical conclusion (such as from examples given), predict, compare/contrast, match like ideas, explain, construct models (e.g., cause-effect)		
Application	Apply		
Apply, choose, demonstrate, dramatize, employ, illustrate, interpret, practice, schedule, sketch, solve, use, write	Carry out or use a procedure in a given situation; carry out (apply to a familiar task), or use (apply) to an unfamiliar task		
Analysis	Analyze		
Analyze, appraise, calculate, categorize, compare, criticize, discriminate, distinguish, examine, experiment, explain	Break into constituent parts, determine how parts relate, differentiate between relevant-irrelevant, distinguish, focus, select, organize, outline, find coherence, deconstruct (e.g., for bias or point of view)		
Synthesis	Evaluate		
Rearrange, assemble, collect, compose, create, design, develop, formulate, manage, organize, plan, propose, set up, write	Make judgments based on criteria, check, detect inconsistencies or fallacies, judge, critique		
Evaluation	Create		
Appraise, argue, assess, choose, compare, defend, estimate, explain, judge, predict, rate, core, select, support, value, evaluate	Put elements together to form a coherent whole, reorganize elements into new patterns/structures, generate, hypothesize, design, plan, construct, produce for a specific purpose		





#### Webb's Depth-of-Knowledge Levels

**DOK-1** – **Recall & Reproduction** - Recall of a fact, term, principle, concept, or perform a routine procedure

**DOK-2** - **Basic Application of Skills/Concepts** - Use of information, conceptual knowledge, select appropriate procedures for a task, two or more steps with decision points along the way, routine problems, organize/display data, interpret/use simple graphs

**DOK-3** - **Strategic Thinking & Reasoning** - Requires reasoning, developing a plan or sequence of steps to approach problem; requires some decision making and justification; abstract, complex, or non-routine; often more than one possible answer

**DOK-4** - **Extended Thinking** - An investigation or application to real world; requires time to research, problem solve, and process multiple conditions of the problem or task; non-routine manipulations, across disciplines/content areas/multiple sources



Bloom's Revised Taxonomy	Webb's Depth-of-Knowledge (DOK) Levels				
of Cognitive Process Dimensions	Level 1 Recall & Reproduction	Level 2 Skills & Concepts	Level 3 Strategic Thinking/ Reasoning	Level 4 Extended Thinking	
Remember Retrieve knowledge from long-term memory, recognize, recall, locate, identify	Recall, recognize, or locate basic facts, ideas, principles Recall or identify conversions: between representations, numbers, or units of measure Identify facts/details in texts				
Understand Construct meaning, clarify, paraphrase, represent, translate, illustrate, give examples, classify, categorize, summarize, generalize, infer a logical conclusion (such as from examples given), predict, compare/contrast, match like ideas, explain, construct models	Compose & decompose numbers Evaluate an expression Locate points (grid/, number line) Represent math relationships in words pictures, or symbols Write simple sentences Select appropriate word for intended meaning Describe/explain how or why	Specify and explain relationships Give non-examples/examples Make and record observations Take notes; organize ideas/data Summarize results, concepts, ideas Make basic inferences or logical predictions from data or texts Identify main ideas or accurate generalizations	Explain, generalize, or connect ideas using supporting evidence Explain reasoning when more than one response/approach is possible Explain phenomena in terms of concepts Compose full composition to meet specific purpose and audience Identify theme(s) using text evidence	Explain how concepts or ideas specifically relate to other content domains or concepts Develop generalizations of the results obtained or strategies used and apply them to new problem situations	
Apply Carry out or use a procedure in a given situation; carry out (apply to a familiar task), or use (apply) to an unfamiliar task	Follow simple/routine procedure (recipe-type directions) Solve a one-step problem Calculate, measure, apply a rule Apply an algorithm or formula (area, perimeter, etc.) Represent in words or diagrams a concept or relationship Apply rules or use resources to edit spelling, grammar, punctuation, conventions	Select a procedure according to task needed and perform it Solve routine problem applying multiple concepts or decision points Retrieve information from a table, graph, or figure and use it solve a problem requiring multiple steps Use models to represent concepts Write paragraph using appropriate organization, text structure, and signal words	Use concepts to solve non-routine problems Design investigation for a specific purpose or research question Conduct a designed investigation Apply concepts to solve non-routine problems Use reasoning, planning, and evidence Revise final draft for meaning or progression of ideas	Select or devise an approach among many alternatives to solve a novel problem Conduct a complex project that specifies a problem, identifies solution paths, solves the problem, and reports results Illustrate how multiple themes (historical, geographic, social) may be interrelated	
Analyze Break into constituent parts, determine how parts relate, differentiate between relevant-irrelevant, distinguish, focus, select, organize, outline, find coherence, deconstruct (e.g., for bias or point of view)	Retrieve information from a table or graph to answer a question Identify or locate specific information contained in maps, charts, tables, graphs, or diagrams	Categorize, classify materials Compare/ contrast figures or data Select appropriate display data Organize or interpret (simple) data Extend a pattern Identify use of literary devices Identify text structure of paragraph Distinguish: relevant-irrelevant information; fact/opinion	Compare information within or across data sets in a text Analyze and draw conclusions from more complex data Generalize a pattern Organize/interpret data: complex graph Analyze author's craft, viewpoint, or potential bias	Analyze multiple sources of evidence or multiple works by the same author, or across genres, or time periods Analyze complex/abstract themes Gather, organize, and analyze information from multiple sources Analyze discourse styles across texts	
Evaluate  Make judgments based on criteria, check, detect inconsistencies or fallacies, judge, critique			Cite evidence and develop a logical argument for concepts Describe, compare, and contrast solution methods Verify reasonableness of results Justify conclusions made	Gather, analyze, & evaluate relevancy & accuracy Draw & justify conclusions Apply understanding in a novel way, provide argument or justification for the application	
Create Reorganize elements into new patterns/structures, generate, hypothesize, design, plan, construct, produce	Brainstorm ideas, concepts, or perspectives related to a topic or concept	Generate conjectures or hypotheses based on observations or prior knowledge	Synthesize information within one source, data set, or text Formulate an original problem, given a situation or data set Develop a complex conceptual model for a given situation	Synthesize information across multiple sources or texts Design a model to inform and solve a real-world, complex, or abstract situation	

Combining 1 & 2 : General Hess CRM



Rigor: the quality of being detailed, careful and complete



experience, and the senses."



Continuing Dr. Karin Hess's **Hess Cognitive Rigor Matrices (CRMs)** in four areas (Reading and Listening / Math and Science / Written and oral communication / Social Studies and Humanities)

- Tool 1 Reading & Listening CRM
- Tool 2 Math & Science CRM
- Tool 3 Written & Oral Communication CRM
- Tool 4 Social Studies & Humanities CRM

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Studying these matrices can be helpful to use during lesson planning.







#### **HESS COGNITIVE RIGOR MATRIX** | READING-LISTENING CRM

Revised Bloom's Taxonomy	DOK Level 1 Recall and Reproduction	DOK Level 2 Skills and Concepts	DOK Level 3 Strategic Thinking or Reasoning	DOK Level 4 Extended Thinking
Remember Retrieve knowledge from long-term memory, recognize, recall, locate, identify	Recall, recognize, or locate basic facts, terms, details, events, or ideas explicit in texts     Read words orally in connected text with fluency and accuracy	Use these Hess CRM curricular examples with most close reading or listening assignments or assessments in any content area.		Č .
Understand  Construct meaning, clarify, paraphrase, represent, translate, illustrate, give examples, classify, categorize, summarize, generalize, infer a logical conclusion, predict, compare-contrast, match like ideas, explain, construct models	o Identify or describe literary elements (characters, setting, sequence, etc.) o Select appropriate words when intended meaning or definition is clearly evident o Describe or explain who, what, where, when, or how o Define or describe facts, details, terms, principles o Write simple sentences	Specify, explain, show relationships; explain why (e.g., cause-effect)     Give non examples or examples or summarize results, concepts, ideas or Make basic inferences or logical predictions from data or texts or Identify main ideas or accurate generalizations of texts or Locate information to support explicit-implicit central ideas	O Explain, generalize, or connect ideas using supporting evidence (quote, example, text reference) O Identify or make inferences about explicit or implicit themes O Describe how word choice, point of view, or bias may affect the readers' interpretation of a text O Write multi paragraph composition for specific purpose, focus, voice, tone, and audience	o Explain how concepts or ideas specifically relate to other content domains (e.g., social, political, historical) or concepts o Develop generalizations of the results obtained or strategies used and apply them to new problem-based situations
Apply Carry out or use a procedure in a given situation; carry out (apply to a familiar task), or use (apply) to an unfamiliar task	Use language structure (pre-, or suffix) or word relationships (synonym or antonym) to determine meaning of words     Apply rules or resources to edit spelling, grammar, punctuation, conventions, word use     Apply basic formats for documenting sources	Use context to identify the meaning of words or phrases     Obtain and interpret information using text features     Develop a text that may be limited to one paragraph     Apply simple organizational structures (paragraph, sentence types) in writing	Apply a concept in a new context     Revise final draft for meaning or     progression of ideas     Apply internal consistency of text     organization and structure to composing     a full composition     Apply word choice, point of view, style     to impact readers' or viewers'     interpretation of a text	Illustrate how multiple themes (historical, geographic, social, artistic, literary) may be interrelated     Select or devise an approach among many alternatives to research a novel problem
Analyze  Break into constituent parts, determine how parts relate, differentiate between relevant-irrelevant, distinguish, focus, select, organize, outline, find coherence, deconstruct (e.g., for bias or point of view)	o Identify whether specific information is contained in graphic representations (e.g., map, chart, table, graph, T-chart, diagram) or text features (e.g., headings, subheadings, captions) o Decide which text structure is appropriate to audience and purpose	o Categorize or compare literary elements, terms, facts or details, events     o Identify use of literary devices     o Analyze format, organization, and internal text structure (signal words, transitions, semantic cues) of different texts     o Distinguish: relevant-irrelevant information; fact or opinion     o Identify characteristic text features; distinguish between texts, genres	Analyze information within data sets or texts     Analyze interrelationships among concepts, issues, problems     Analyze or interpret author's craft (literary devices, viewpoint, or potential bias) to create or critique a text     Use reasoning, planning, and evidence to support inferences	o Analyze multiple sources of evidence, or multiple works by the same author, or across genres, time periods, themes o Analyze complex or abstract themes, perspectives, concepts o Gather, analyze, and organize multiple information sources o Analyze discourse styles
Evaluate  Make judgments based on criteria, check, detect inconsistencies or fallacies, judge, critique	"UG"—unsubstantiated generalizations = stating an opinion without providing any support for it!		o Cite evidence and develop a logical argument for conjectures     o Describe, compare, and contrast solution methods     o Verify reasonableness of results     o Justify or critique conclusions drawn	o Evaluate relevancy, accuracy, and completeness of information from multiple sources o Apply understanding in a novel way, provide argument or justification for the application
Create  Reorganize elements into new patterns or structures, generate, hypothesize, design, plan, produce	o Brainstorm ideas, concepts, problems, or perspectives related to a topic, principle, or concept	o Generate conjectures or hypotheses based on observations or prior knowledge and experience	Synthesize information within one source or text     Develop a complex model for a given situation     Develop an alternative solution	o Synthesize information across multiple sources or texts o Articulate a new voice, alternate theme, new knowledge or perspective





#### **HESS COGNITIVE RIGOR MATRIX** | MATH-SCIENCE CRM



Revised Bloom's Taxonomy	DOK Level 1 Recall and Reproduction	DOK Level 2 Skills and Concepts	DOK Level 3 Strategic Thinking or Reasoning	DOK Level 4 Extended Thinking
Remember Retrieve knowledge from long-term memory, recognize, recall, locate, identify	Recall, observe, and recognize facts, principles, properties     Recall/ identify conversions among representations or numbers (e.g., customary and metric measures)		RM curricular examples with r cience assignments or assessme	
Understand  Construct meaning, clarify, paraphrase, represent, translate, illustrate, give examples, classify, categorize, summarize, generalize, infer a logical conclusion, predict, compare–contrast, match like ideas, explain, construct models	Evaluate an expression     Locate points on a grid or number on number line     Solve a one-step problem     Represent math relationships in words, pictures, or symbols     Read, write, compare decimals in scientific notation	Specify and explain relationships (e.g., non examples or examples; cause-effect)     Make and record observations     Explain steps followed     Summarize results or concepts     Make basic inferences or logical predictions from data or observations     Use models or diagrams to represent or explain mathematical concepts     Make and explain estimates	O Use concepts to solve non routine problems Explain, generalize, or connect ideas using supporting evidence Make and justify conjectures Explain thinking or reasoning when more than one solution or approach is possible Explain phenomena in terms of concepts	Relate mathematical or scientific concepts to other content areas, other domains, or other concepts     Develop generalizations of the results obtained and the strategies used (from investigation or readings) and apply them to new problem situations
Apply  Carry out or use a procedure in a given situation; carry out (apply to a familiar task), or use (apply) to an unfamiliar task	o Follow simple procedures (recipe-type directions) o Calculate, measure, apply a rule (e.g., rounding) o Apply algorithm or formula (e.g., area, perimeter) o Solve linear equations o Make conversions among representations or numbers, or within and between customary and metric measures	Select a procedure according to criteria and perform it     Solve routine problem applying multiple concepts or decision points     Retrieve information from a table, graph, or figure and use it solve a problem requiring multiple steps     Translate between tables, graphs, words, and symbolic notations (e.g., graph data from a table)     Construct models given criteria	Design investigation for a specific purpose or research question     Conduct a designed investigation     Use concepts to solve non routine problems     Use and show reasoning, planning, and evidence     Translate between problem and symbolic notation when not a direct translation	o Select or devise approach among many alternatives to solve a problem o Conduct a project that specifies a problem, identifies solution paths, solves the problem, and reports results
Analyze  Break into constituent parts, determine how parts relate, differentiate between relevant-irrelevant, distinguish, focus, select, organize, outline, find coherence, deconstruct	Retrieve information from a table or graph to answer a question     Identify whether specific information is contained in graphic representations (e.g., table, graph, T-chart, diagram)     Identify a pattern or trend	Categorize, classify materials, data, figures based on characteristics     Organize or order data     Compare-contrast figures or data     Select appropriate graph and organize and display data     Interpret data from a simple graph     Extend a pattern	compare information within or across data sets or texts     Analyze and draw conclusions from data, citing evidence     Generalize a pattern     Interpret data from complex graph     Analyze similarities-differences between procedures or solutions	o Analyze multiple sources of evidence o Analyze complex or abstract themes o Gather, analyze, and evaluate information
Evaluate  Make judgments based on criteria, check, detect inconsistencies or fallacies, judge, critique	"UG"—unsubstantiated generalizations = stating an opinion without providing any support for it!		o Cite evidence and develop a logical argument for concepts or solutions     o Describe, compare, and contrast solution methods     o Verify reasonableness of results	o Gather, analyze, and evaluate information to draw conclusions o Apply understanding in a novel way, provide argument or justification for the application
Create  Reorganize elements into new patterns or structures, generate, hypothesize, design, plan, produce	o Brainstorm ideas, concepts, or perspectives related to a topic	o Generate conjectures or hypotheses based on observations or prior knowledge and experience	o Synthesize information within one data set, source, or text o Formulate an original problem given a situation o Develop a scientific/mathematical model for a complex situation	o Synthesize information across multiple sources or texts o Design a mathematical model to inform and solve a practical or abstract situation





#### HESS COGNITIVE RIGOR MATRIX | WRITING-SPEAKING CRM



Revised Bloom's Taxonomy	DOK Level 1 Recall and Reproduction	DOK Level 2 Skills and Concepts	DOK Level 3 Strategic Thinking or Reasoning	DOK Level 4 Extended Thinking
Remember Retrieve knowledge from long-term memory, recognize, recall, locate, identify	o Complete short answer questions with facts, details, terms, principles, etc. (e.g., label parts of diagram)		CRM curricular examples with a cassignments or assessments i	
Understand  Construct meaning, clarify, paraphrase, represent, translate, illustrate, give examples, classify, categorize, summarize, generalize, infer a logical conclusion, predict, compare-contrast, match like ideas, explain, construct models	Describe or define facts, details, terms, principles, etc.     Select appropriate word or phrase to use when intended meaning or definition is clearly evident     Write simple complete sentences     Add an appropriate caption to a photo or illustration     Write "fact statements" on a topic (e.g., spiders build webs)	Specify, explain, show relationships; explain why, cause-effect     Provide and explain non examples and examples     Take notes; organize ideas or data (e.g., relevance, trends, perspectives)     Summarize results, key concepts, ideas     Explain central ideas or accurate generalizations of texts or topics     Describe steps in a process (e.g., science procedure, how to and why control variables)	O Write a multi paragraph composition for specific purpose, focus, voice, tone, and audience O Develop and explain opposing perspectives or connect ideas, principles, or concepts using supporting evidence (quote, example, text reference, etc.) O Develop arguments of fact (e.g., Are these criticisms supported by the historical facts? Is this claim or equation true?)	Use multiple sources to elaborate on how concepts or ideas specifically draw from other content domains or differing concepts (e.g., research paper, arguments of policy—should this law be passed? What will be the impact of this change?)     Develop generalizations about the results obtained or strategies used and apply them to a new problem or contextual scenario
Apply  Carry out or use a procedure in a given situation; carry out (apply to a familiar task), or use (apply) to an unfamiliar task	o Apply rules or use resources to edit specific spelling, grammar, punctuation, conventions, or word use o Apply basic formats for documenting sources	Use context to identify or infer the intended meaning of words or phrases     Obtain, interpret, and explain information using text features (table, diagram, etc.)     Develop a (brief) text that may be limited to one paragraph, précis     Apply basic organizational structures (paragraph, sentence types, topic sentence, introduction, etc.) in writing	Revise final draft for meaning, progression of ideas, or logic chain     Apply internal consistency of text organization and structure to a full composition or oral communication     Apply a concept in a new context     Apply word choice, point of view, style, rhetorical devices to impact readers' interpretation of a text	Select or devise an approach among many alternatives to research and present a novel problem or issue     Illustrate how multiple themes (historical, geographic, social) may be interrelated within a text or topic
Analyze  Break into constituent parts, determine how parts relate, differentiate between relevant-irrelevant, distinguish, focus, select, organize, outline, find coherence, deconstruct (e.g., for bias or point of view)	o Decide which text structure is appropriate to audience and purpose (e.g., compare-contrast, proposition-support) o Determine appropriate, relevant key words for conducting an Internet search or researching a topic	Compare-contrast perspectives, events, characters, etc.     Analyze-revise format, organization, and internal text structure (signal words, transitions, semantic cues) of different print and non print texts     Distinguish: relevant-irrelevant information; fact-opinion (e.g., What are the characteristics of a hero's journey?)     Locate evidence that supports a perspective-differing perspectives	Analyze interrelationships among concepts, issues, and problems in a text     Analyze impact or use of author's craft (literary devices, viewpoint, dialogue) in a single text     Use reasoning and evidence to generate criteria for making and supporting an argument of judgment (Was FDR a great president? Who was the greatest ball player?)     Support conclusions with evidence	o Analyze multiple sources of evidence, or multiple works by the same author, or across genres, or time periods o Analyze complex or abstract themes, perspectives, concepts o Gather, analyze, and organize multiple information sources o Compare and contrast conflicting judgments or policies (e.g., Supreme Court decisions)
Evaluate  Make judgments based on criteria, check, detect inconsistencies or fallacies, judge, critique	"UG"—unsubstantiated generalizations = providing any support for it!	stating an opinion without	Evaluate validity and relevance of evidence used to develop an argument or support a perspective     Describe, compare, and contrast solution methods     Verify or critique the accuracy, logic, and reasonableness of stated conclusions or assumptions	o Evaluate relevancy, accuracy, and completeness of information across multiple sources o Apply understanding in a novel way, provide argument or justification for the application o Critique the historical impact (policy, writings, discoveries, etc.)
Create  Reorganize elements into new patterns or structures, generate, hypothesize, design, plan, produce	o Brainstorm facts, ideas, concepts, problems, or perspectives related to a topic, text, idea, issue, or concept	o Generate conjectures, hypotheses, or predictions based on facts, observations, evidence/observations, or prior knowledge and experience o Generate believable "grounds" (reasons) for an opinion-argument	o Develop a complex model for a given situation or problem o Develop an alternative solution or perspec- tive to one proposed (e.g., debate)	o Synthesize information across multiple sources or texts in order to articulate a new voice, alternate theme, new knowledge or nuanced perspective



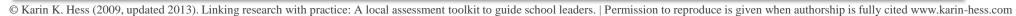




#### **HESS COGNITIVE RIGOR MATRIX** | SOCIAL STUDIES-HUMANITIES CRM

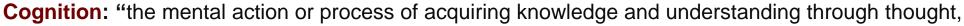


Revised Bloom's Taxonomy	DOK Level 1 Recall and Reproduction	DOK Level 2 Skills and Concepts	DOK Level 3 Strategic Thinking or Reasoning	DOK Level 4 Extended Thinking
Remember Retrieve knowledge from long-term memory, recognize, recall, locate, identify	o Recall or locate key facts, dates, terms, details, events, or ideas explicit in texts		lar examples with most assignnes, history, civics, geography, ec	± ,
Understand  Construct meaning, clarify, paraphrase, represent, translate, illustrate, give examples, classify, categorize, summarize, generalize, infer a logical conclusion, predict, observe, comparecontrast, match like ideas, explain, construct models	Select appropriate words or terms when intended meaning is clearly evident     Describe or explain who, what, where, when, or how     Define facts, details, terms, principles     Locate or identify symbols that represent     Raise related questions for possible investigation	Specify, explain, illustrate relationships; explain why (e.g., cause-effect)     Provide and explain non examples and examples     Summarize results, concepts, main ideas, generalizations     Make basic inferences or logical predictions (using data or text)     Locale relevant information to support explicit-implicit central ideas	O Explain, generalize, or connect ideas using supporting evidence (quote, example, text reference, data) O Support inferences about explicit or implicit themes O Describe how word choice, point of view, or bias may affect the reader or viewer interpretation O Write multi-paragraph composition or essay for specific purpose, focus, voice, tone, and audience	o Explain how concepts or ideas specifically relate to other content domains or concepts (social, political, historical, cultural) o Apply generalizations to new problem-based situations o Use multiple sources to elaborate on how concepts or ideas specifically draw from other content domains or differing concepts (e.g., research paper, arguments of policy: Should this law be passed? What will be the impact of this change?)
Apply Carry out or use a procedure in a given situation; carry out (apply to a familiar task), or use (transfer) to an unfamiliar or non routine task	o Apply basic formats for documenting sources o Apply use of reference materials and tools for gathering information (e.g., key word searches)	Use context to identify the meaning of words or phrases     Interpret information using text features (diagrams, data tables, captions, etc.)     Apply simple organizational structures (paragraph outline)	o Investigate to determine how an historical, cultural or political context may be the source of an underlying theme, central idea, or unresolved issue or crisis	o Integrate or juxtapose multiple (historical, cultural) contexts drawn from source materials (e.g., literature, music, historical events, media) with intent to develop a complex or multimedia product and personal viewpoint
Analyze  Break into constituent parts, determine how parts relate, differentiate between relevant-irrelevant, distinguish, focus, select, organize, outline, find coherence, deconstruct (e.g., for bias, point of view, approach/strategy used)	o Identify causes or effects o Describe processes or tools used to research ideas, artifacts, or images reflecting history, culture, tradition, etc. o Identify ways symbols and metaphors are used to represent universal ideas o Identify specific information given in graphics (e.g., map, T-chart, dia- gram) or text features (e.g., heading, subheading, captions)	O Compare similarities or differences in processes, methods, styles due to influences of time period, politics or culture Distinguish relevant-irrelevant information, fact or opinion; primary from a secondary source Draw inferences about social, historical, cultural contexts portrayed in (literature, arts, film, political cartoons, primary sources) Explain, categorize events or ideas in the evolution of across time periods	o Analyze information within data sets or a text (e.g., interrelationships among concepts, issues, problems) o Analyze an author's viewpoint or potential bias (e.g., political cartoon) o Use reasoning, planning, and evidence to support or refute inferences in policy or speech o Use reasoning and evidence to generate criteria for making and supporting an 'argument of judgment' (e.g., Was FDR a great president? Is this a fair law?)	o Analyze multiple sources of evidence across time periods, themes, issues o Analyze diverse, complex or abstract perspectives o Gather, analyze, and organize information from multiple sources o Analyze discourse styles or bias in speeches, legal briefs, etc. across time or authors o Compare and contrast conflicting judgments or policies (e.g., Supreme Court decisions)
Evaluate  Make judgments based on criteria, check, detect inconsistencies or fallacies, judge, critique	"UG"—unsubstantiated generalizations = stating an opinion without providing any support for it!		Develop a logical argument for conjectures, citing evidence     Verify reasonableness of results of others     Critique conclusions drawn, evidence used, credibility of sources	o Evaluate relevancy, accuracy, and completeness of information using multiple sources o Apply understanding in a novel way, provide argument or justification for the application o critique the historical impact on policy, writings, advances
Create  Reorganize elements into new patterns, structures, or schemas, generate, hypothesize, design, plan, producee	o Brainstorm ideas, concepts, prob- lems, or perspectives related to a topic , principle, or concept	o Generate testable conjectures or hy- potheses based on observations, prior knowledge, and/or artifacts	Synthesize information within one source or text     Develop a complex model or symbol for given issue     Develop and support an alternative solution	Synthesize information across multiple sources or texts     Articulate a new voice, alternate theme, new knowledge or new perspective     Create historical fiction drawing on sources





Rigor: the quality of being detailed, careful and complete



experience, and the senses."



Continuing Dr. Karin Hess's **Hess Cognitive Rigor Matrices (CRMs)** in the other four areas (Fine arts / health and physical education / world languages / career and technical education)

- **Tool**: Fine Arts CRM

- Tool: Health & Physical Education CRM

- Tool: World Languages CRM

- Tool: Career & Technical Education CRM

[Source of figures: 2009 © Hess, 2009 / free resources page]

Studying these matrices can be helpful to use during lesson planning.







#### **HESS COGNITIVE RIGOR MATRIX** | FINE ARTS CRM

Integrating Depth-of-Knowledge Levels with Artistic Practices



Artistic Practice	DOK Level 1 Recall and Reproduction Having the knowledge required; do not need to "figure it out"	DOK Level 2 Connect or Apply Skills and Concepts Making connections among skills or concepts or decisions (e.g., about approach, tools)	DOK Level 3 Strategic Thinking or Abstract Reasoning Complex and Abstract; Exploring multiple solution paths; Justifying with evidence	<b>DOK Level 4 Extended Thinking</b> Relating or developing complex ideas using multi sources <i>and evidence</i>	
Perceiving, Performing, and Responding	Identify or describe ways art represents what people see, hear, feel, believe     Recall or describe a variety of instruments, forms, symbols, rhythms, conventions of music     Describe how artists or dancers might represent     Identify or describe narrative conventions depicted in the arts	o Show relationships between (dance, music, film, etc.) and other arts forms o Make observations or compare similarities or differences: styles, forms, techniques, etc. o Explain possible reasons for selecting tools, medium, elements, principles, images, etc. o Select a familiar artistic work to perform o Explain the artist's central message	Analyze or find evidence of how a combination of elements or principles are used to achieve a desired effect or theme     Analyze narrative art work, using supporting evidence to interpret setting, characters, action, conflict, etc.     Develop personal response to or interpretation of a work of art	o Analyze more than one performance or product (same composer, time period, theme, etc.) drawing from multiple source materials for the analyses (e.g., different treatments of same theme) o Perform an "old" idea in a new way	
Historical, Social, and Cultural Contexts	Describe processes used by artists to select or create ideas, images that reflect history, culture, tradition, etc.     Identify ways symbols and metaphors are used to represent universal ideas     Locate symbols that represent     Identify or describe characteristics and origins of dance, art, or music genres	O Draw inferences about social, historical, or cultural contexts portrayed in art, music, dance, theatre, or film Explain or compare how different art forms communicate culture, time period, issues Compare similarities or differences in processes, methods, styles due to influences of time period, politics, or culture Explain or trace the evolution of arts forms across time periods	Analyze how historical or cultural context is applied to develop theme in a performance or product     Plan artworks based on historical, social, political, or cultural theme, concept, or representative style     Apply problem solving strategies used among the arts, humanities, and sciences to solve visual "problems"	o Integrate or juxtapose multiple (historical, cultural) contexts drawn from source materials (e.g., literature, music, historical events, media) with intent to develop a complex or multifaceted performance or product and personal viewpoint	
Creative Expression, Exploration, and Production	Explore ideas and techniques by manipulating media, materials, tools for different effects (e.g., how color, rhythm, or camera angles create various moods)     Demonstrate a variety of movements, methods, techniques     Locate or compile examples illustrating different approaches (e.g., camera angles; use of white space)	o Select or use tools for specific artistic purposes o Develop a study of by combining elements, aesthetic principles, and/or forms, etc. o Use or apply choreographic forms to communicate ideas, feelings, concepts o Improvise simple rhythmic variations o Create examples or models that represent the same topic, concept, idea, etc.	o Combine elements of (dance, art, music) to create that conveys an intended point of view or specific idea, mood, or theme o Create or compose for a specific purpose, using appropriate processes, tools, techniques o Create narrative art work depicting setting, characters, action, conflict, etc.  o Research a given style and develop personal interpretation of it	o Apply multiple sets of criteria to develop and present a complex or multifaceted performance or product (e.g., consistent application of awareness of space, physical discipline, concentration, and projection from rehearsals to performance; development of portfolio showing evolution of ideas or personal style)	
Aesthetics, Criticism, and Reflection	Recognize or describe choreographic forms, elements of art or music, principles of design, etc. when presented in isolation     Describe criteria used for executing technical or artistic quality	o Explain ways in which artistic choices (choreographic forms, etc.) might affect performance or audience response o Critique examples and non-examples of a given technique, style, etc.	o Defend the selection of criteria and evidence used to critique the quality or develop a performance or product (e.g., compose a melody, perform improvisation, direct a scene, solve a visual "problem")	Formulate or use <i>multiple sets of criteria</i> and evidence to critique a complex or multi faceted performance or final product     Compile and defend exemplars chosen to depict a theme or style	





#### **HESS COGNITIVE RIGOR MATRIX** | HEALTH AND PHYSICAL EDUCATION CRM



Integrating Depth of Knowledge Levels with Porter's Cognitive Demand Categories\*

Porter 's Cognitive Demand Categories	DOK Level 1 Recall and Reproduction Having the knowledge required; do not need to "figure it out""	DOK Level 2 Connect or Apply Skills and Concepts Making connections among skills or concepts or decisions (e.g., about approach, tools)	DOK Level 3 Strategic Thinking or Abstract Reasoning Complex and Abstract; Exploring multiple solution paths; Justifying with evidence	DOK Level 4 Extended Thinking Relating or developing complex ideas using multi sources and evidence
Memorize	o Recall or identify basic facts, terms, definitions, skills, rules, principles, concepts, symbols o Acquire new terms, vocabulary, etc.	Use these Hess CRM Curricular Examples with most assignments, assessments, or learning activities for Health and Physical Education.  See also the Hess CRM for Fine Arts with examples for dance.		
Communicate Understanding	Define terms, principles, concepts     Describe how to perform a routine skill or task     Use words, visuals, or symbols to represent     basic ideas, movements, procedures, etc.	Explain concepts: show or predict relationships (if-then, cause-effect); provide examples and non examples     Observe and interpret teacher or student demonstrations     Summarize a concept, series of events, movements, or a result	Use evidence (data, examples, source, observations) to justify an interpretation of a result or performance     Locate or reproduce supporting evidence for results of effectiveness of a plan (e.g., exercise or diet routine)     Create a personal plan when given criteria	Share results of comparing different plans     (e.g., compare exercise or diet routines)     using data and evidence from multiple sources     or data sets     Explain how a concept relates across content     domains or to "big ideas"     (e.g., systems, patterns)
Perform Procedures	Safely demonstrate or use appropriate tools or equipment     Execute or repeat basic skills or procedures (e.g., follow step-by-step directions or pattern)     Demonstrate a basic skill sequence, movement pattern, etc., with smooth transitions	Make observations; collect and record data and observations (e.g., health diary, skills progress)     Select and use appropriate tool or equipment for a given task     Complete routine tasks in a fitness assessment	Plan, execute, and evaluate multi step procedures (a dance routine, football play, rules of a new game, etc.)     Test effects and trends of using different activities by observing and collecting data (e.g., exercise or diet routines)     Select and plan how to use a combination of movements to achieve a desired effect	Design and conduct a performance     (e.g., exercise or dance routine) using multiple sources or resources, and or given constraints (e.g., use of space)     Test effects of different variables on performance ( e.g., applied to a new situation)
Apply Concepts/ Make Connections	Apply rules or score-keeping of a game or simple routine     Apply appropriate content-specific vocabulary or terms to tasks     Brainstorm ideas, problems, or perspectives related to a situation, scenario, or observation	Create an infographic or visual to show connections or to summarize key ideas (e.g., cause-effect, heart rate-activity type, warm up-cool down, healthy or unhealthy)     Explain connections among concepts or skills in a given context (e.g., movement or open space concepts, health benefits)	Revise a plan (self, peer) based on feedback and evidence     Use concepts to explain phenomena or research or medical advances     (e.g., use of steroids, drugs, food choices)     Investigate how an event or advancement led to a new perspective or outcome	o Apply and adapt information and concepts to real-world situations o Integrate ideas from multiple sources to extend an idea or solve a problem with an alternative solution o Trace the evolution of (game, drug, etc.) from past to present, citing sources used
Analyze Information	o Identify, describe, match, or name parts in a diagram or visual (e.g., muscle groups or skeletal system) or patterns o Determine which skill, rule, or principle applies to a given situation o Record performance data	Compare-contrast routines, skill sets, or qualities (e.g., use T-chart, graphic organizer for locomotor-non locomotor)     Generate questions and make predictions based on observations or information     Classify types of (movements, sports, symptoms, examples, etc.)	Analyze data in order to recognize patterns or draw conclusions based on evidence (e.g., batting averages, areas needing remediation)     Identify faulty arguments, strategies, or misrepresentations of data or media message     Defend the selection of criteria used to critique or develop a performance or product	Research a topic in-depth, evaluating relevancy, accuracy, and completeness of information from multiple sources or perspectives     Analyze evidence and recommend the most effective course of action for intended purpose (e.g., food, fitness)





#### HESS COGNITIVE RIGOR MATRIX | WORLD LANGUAGES CRM



Integrating Depth-of-Knowledge Levels with World Language Practices and Modes of Communication

World Language Practices and Modes of Communication	DOK Level 1 Recall and Reproduction Having the knowledge required; do not need to "figure it out""	DOK Level 2 Skills and Concepts Making connections among skills or concepts or decisions (e.g., about approach, tools)	DOK Level 3 Strategic Thinking or Reasoning Complex and Abstract; Exploring multiple solution paths; Justifying with evidence	DOK Level 4 Extended Thinking Relating or developing complex ideas using multi sources and evidence
Memorize and Recall	Reproduce, recall, or repeat vocabulary, grammar rules, facts, definitions, dictated statements, etc.     Describe cultural conventions     Recite in sequence (e.g., alphabet, counting, songs, rhymes)		age CRM curricular examples for nunication assignments or assess	
Interpersonal Communication Understand, Perceive, and Respond	<ul> <li>Understand simple, familiar messages in social settings</li> <li>Identify everyday objects</li> <li>Follow simple oral directions or written procedures (recipe, etc.)</li> <li>Convey simple messages, express feelings (e.g., I'm sad because)</li> <li>Ask or answer literal questions after reading, listening, or viewing</li> </ul>	O Explain how or why alternative responses may be correct (where do you live?) for different situations O Carry on a short conversation using familiar vocabulary and grammar O Paraphrase, summarize, or retell what was said, read, viewed (with cues) O Make logical predictions (e.g., what might happen next); describe event	<ul> <li>o Prepare for an interview or develop survey on topic of interest anticipating audience questions or possible responses</li> <li>o Initiate and extend a conversation about an unfamiliar topic, appropriately using language mechanics or tense throughout</li> <li>o Create a theme-based photo essay</li> <li>o Justify interpretation of purpose or tone (in media message, photo essay, etc.)</li> </ul>	o Carry on an extended conversation responding appropriately to multiple speakers (e.g., using multiple tenses, asking and answering, elaborating on ideas, raising questions) o Deepen knowledge of a topic using multiple (oral, visual, textual) sources for an informational communication (e.g., "by the numbers" infographic)
Interpret and Apply	o Match vocabulary (e.g., picture-word; synonyms); locate details o Apply a spelling or grammar rule (e.g., conjugate a verb, make plural) o Use resources to translate literally o Use nouns or verbs in familiar contexts	o Infer and explain meaning using context, cognates, or structure in a familiar situation o Translate to identify use of non-literal, figurative, or idiomatic language o Sequence events for given text or visual	o Explain inferences or colloquial expressions using supporting evidence o Interpret symbolic or abstract meaning (from music, video, reading, art, etc.) o Interpret idiomatic or figurative language in context (poem, song lyric, media, etc.)	o Make and justify conclusions based on 2+ ads for the same product or two political cartoons about the same event or person o Write, draw, or perform in the style of a known author/artist/cartoonist
Compare, Analyze, Critique or Evaluate, and Reflect	Edit a sentence or phrase     Select appropriate word or phrase for     intended meaning     Answer what, when, and where questions     using a source (map, calendar, schedule,     visual, photo)     Connect words or phrases between languages     (origins, meanings, etc.)	o Categorize or compare (objects, foods, tools, people, etc.) using oral, physical, or textual stimuli     o Self-correct when speaking or reading     evaluate message or cultural nuances     (e.g., gestures, language) using listening and observational skills	Evaluate and correct inaccuracy of a message     print or non-print text (e.g., facts, sequence,     cultural nuances)     Support an opinion, argument, or     disagreement with evidence, reasoning     Determine if source can or cannot answer     specific questions and why (e.g., websites)	o Critique authentic literature, arts, or historical events from multiple sources: authors, perspectives, or time periods     o Evaluate relevancy, accuracy, and completeness of information     o Keep a journal and use it to reflect on or evaluate personal progress
Presentational Communication Produce or Create	O Represent vocabulary or common phrases in pictures, symbols, visuals, gestures, pantomime O Brainstorm related words, ideas, images, possible responses O Label information on a diagram, map, visual O Tell or select phrases as thumbnail sketch for a narrative text or story line	O Perform a memorized dialog Choose which tense to use in a less familiar context Create an ABC book connecting entries by central or organizing topic (e.g., animals, foods) Create text messages or description (narration/voice over) for a visual stimuli or "muted" video scene  Make or label a timeline of key events	o Develop a vocabulary-based game to teach about geography, culture, etc.     o Develop a new scene or ending, consistent with the original text     o Create or perform a dialog based on visual stimuli or a current or cultural event (integrating academic vocabulary)     o Co-plan website or event highlighting target culture (foods, traditions, places to visit)	o Produce an 'old' idea in a new way (e.g., multimedia, podcast) o Integrate ideas from several sources o Research a topic with evidence pro-con for debate, essay, or cartoon o Research and present performance or presentation using multiple sources o Design a theme-based café, including the menu, location, décor and develop an ad for targeted clientele





#### HESS COGNITIVE RIGOR MATRIX | CAREER AND TECHNICAL EDUCATION (CTE) CRM



Revised Bloom's Taxonomy	DOK Level 1 Recall and Reproduction	DOK Level 2 Skills and Concepts	DOK Level 3 Strategic Thinking or Reasoning	DOK Level 4 Extended Thinking
Remember Memorize, recognize, recall, locate, identify	o Recall or locate key facts, terms, details, procedures (e.g., explicit in a technical manual)		rricular examples with most as ctivities for Career and Technic	
Understand  Construct meaning, clarify, paraphrase, represent, translate, illustrate, give examples, summarize, generalize, infer a logical conclusion, predict, observe, match like ideas, explain, construct models	Select correct terms or graphics for intended meaning     Describe or explain who, what, where, when, or how     Define terms, principles, concepts     Represent relationships with words, diagrams, symbols     Solve routine problems	Specify and explain relationships (e.g., non-examples/examples; cause-effect; if-then)     Summarize procedures, results, concepts, key ideas (paragraph)     Make and explain estimates, basic inferences, or predictions     Use models to explain concepts     Make and record observations	O Explain, generalize, or connect ideas using supporting evidence (quote, example, text reference, data); O Justify your interpretation when more than one is plausible O Explain how a concept can be used to solve a non routine problem O Develop a multi paragraph manual or infographic for specific purpose or focus	Use multiple sources to outline varying perspectives on a problem or issue     Explain how a concept relates across content domains or to 'big Ideas' (e.g., patterns in the human or designed world; structure–function)     Apply generalizations from one investigation to new problem-based situations, using evidence or data
Apply Carry out or use a procedure in a given situation; carry out (apply to a familiar task), or use (transfer) to an unfamiliar or non routine task	o Apply basic formulas, algorithms, conversion rules o Calculate; measure o Use reference materials and tools to gather information o Demo safe procedures	Select and use appropriate tool or procedure for specified task     Use context to identify the meaning of terms or phrases     Interpret information using diagrams, data tables, etc.	o Build or revise a plan for investigation using (new) evidence or data o Use and show reasoning, planning, and evidence to support conclusions or to identify design flaws o Conduct a designed investigation	Draw from source materials with intent to develop a complex or multimedia product with personal viewpoint     Conduct a project that specifies a problem, identifies solution paths, tests the solution, and reports results
Analyze  Break into constituent parts, determine how parts relate, compare-contrast, differentiate between relevant-irrelevant, distinguish, focus, select, organize, outline, find coherence, deconstruct (e.g., for potential bias, point of view, technique or strategy used)	o Identify trend, pattern, possible cause, or effect o Describe processes or tools used to research ideas o Identify ways symbols or metaphors are used to represent universal ideas o Retrieve data to answer a question (e.g., diagram, graph)	o Compare similarities or differences or draw inferences about due to influences of o Distinguish relevant-irrelevant information; fact/opinion; primary from a secondary source o Extend a pattern o Organize and represent data o Categorize materials, data, etc., based on characteristics	o Interpret information from a complex graph or model (e.g., interrelationships among variables, concepts) o Use reasoning, planning, and evidence to support or refute inferences or results stated o Use reasoning and evidence to generate criteria for making and supporting an argument o Generalize and support a pattern/trend	o Analyze multiple sources of evidence (e.g., compare-contrast various plans, solution methods) o Analyze and compare diverse, complex, or abstract perspectives, models, etc. o Gather, organize, and analyze information from multiple sources to answer a research question
Evaluate  Make judgments based on specified criteria, detect inconsistencies, flaws, or fallacies, judge, critique	"UG"—unsubstantiated generalizations = stating an opinion without providing any support for it!		o Develop a logical argument for conjectures, citing evidence o Verify reasonableness of results or conjectures (e.g., of others) o Critique conclusions drawn or evidence used or credibility of sources	o Evaluate relevancy, accuracy, and completeness of sources used o Apply understanding in a novel way, provide argument or justification for the application o Critique the historical impact of on
<b>Create</b> Reorganize into new patterns or schemas, design, plan, produce	o Brainstorm ideas, concepts, problems, or perspectives related to a given scenario, observation, question posed	o Generate testable conjectures or hypotheses based on observations, prior knowledge, and/or artifacts	o Develop a complex model for given concept and justify reasoning o Develop an alternative solution and justify reasoning	o Synthesize information across multiple models, sources, or texts o Articulate new knowledge or new perspective



#### HOLISTIC LEARNING SUSTAINABILITY CONSCIOUS LEARNING AND BEING

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